



# ADULT EDUCATION

**FREE CLASSES - OSHA 10/30, Serv Safe, CPR**

[WWW.UAPTC.EDU/ADULT-EDUCATION](http://WWW.UAPTC.EDU/ADULT-EDUCATION)

## OSHA 10

### Core Concepts

Fundamental safety and health principles.

### Hazard Recognition

Identify common workplace hazards.

## OSHA 30

### In-Depth Training

Advanced safety and health knowledge.

### Supervisory Roles

Specialized training for supervisors and safety specialists.

## Serv Safe

### Food Safety Basics

Teaches principles like time, temperature, and hygiene.

### Sanitation and Prevention

Cleaning, sanitation, and cross-contamination.

## Cardiopulmonary Resuscitation (CPR)

### Emergency Response

Teaches life-saving techniques for cardiac arrest victims.

### CPR Techniques

Covers chest compressions and rescue breaths.



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